



2019 VANCOUVER ISLAND RACE SERIES

MEDIA RELEASE

2019 Island Race Series Registration Open

(Victoria, BC – October 16, 2018) Registration for the 2019 Vancouver Island Race Series is open. The 38th running of the series will take place from January to April 2019 with eight races ranging from 5-kilometres to a half marathon. For the first 150 to register for the series the fee is \$150. Once that cap is reached the cost is \$175 until January 11, 2019.

The eight races comprise the Harriers Pioneer 8K on January 13, Cobble Hill 10K on January 27, Cedar 12K on February 10, Hatley Castle 8K on February 24, Port Alberni Paper Chase 15K on March 10, Comox Valley RV Half Marathon on March 24, TriStars Sooke 10K on April 7, and the Synergy Health Management Bazan Bay 5K and Series Awards on April 14.

"Registration has only been open a few days and it is going well with many taking advantage of the early rate. We expect this will sell out quickly," said Louise Hodgson-Jones, President and General Manager of the Vancouver Island Runners' Association (VIRA). "The series is a great event for runners and walkers of all abilities, and it showcases the many communities on the Island."

Returning for a fifth year as Charity Partner is Victoria Hospitals Foundation. When registering participants will have the opportunity to top up their registration and support the many rehabilitative services at Victoria General Hospital and Royal Jubilee Hospital. To date \$6,700 has been raised by participants for the VHF.

"We have many returning sponsors to the series including Presenting Sponsor Quality Foods, Gold Sponsors Dairyland, Frontrunners and Saucony, and Series Sponsors, PISE, BC Athletics and Old Victoria Water," adds Hodgson-Jones.

In 2018 Catrin Jones from Victoria won the overall series with Nanaimo's Shelby Drope winning the male title. The club standings were won by the Ceevacs Road Runners, second was Bastion Run Club and third was the Prairie Inn Harriers.

To register online for the series go to: www.islandseries.org

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